

Lakeside Behavioral Health System

Approved Items List for Patients Admitted to Lakeside

Statement about Safety:

We strive to keep our buildings free of potentially hazardous items. As a result, we have determined what items are approved for patients admitted to Lakeside. Items not on the approved list will be sent home or stored in a safe area off the treatment unit for pick up at time of discharge.

- Only bring one (1) medium size bag of personal belongings.
- Three (3) days of comfortable clothing. Avoid clothing that promotes alcohol, drugs, sex or violence, mid-riff shirts, halter tops, tube tops, see-through clothing, or mini-skirts.
- During warm weather, swim suits are permitted to include; one-piece swim suits for women and swim trunks for men.
- In cold weather, a jacket is allowed.
- House shoes or slippers.
- A bathrobe (with no tie or sash).
- Sleepwear with elastic or buttons (no drawstrings).
- Cordless electric shavers.
- Slip on shoes, crocs, or tennis shoes with Velcro (no shoes strings are allowed).
- Personal hygiene products: soap, shampoo, toothpaste, toothbrush, deodorant.
- Grooming appliances: hair dryer, curling iron.
- Makeup: limit of one (1) each item of eye shadow, face powder, base, mascara, eye liner, lipstick (no glass containers allowed).
- Pillow
- Five dollars for vending machine (quarters and/or one dollar bills)
- Small stuffed animal (for adolescents and children)

Washing machines, dryers, and detergent are available on each treatment unit. Grooming appliances are kept in the Nursing station on each treatment unit and are accessible only during specified hygiene times listed on the program schedule. Grooming appliances are also kept in the Nursing station and must be checked out prior to use and checked in upon completion.

We want to thank you in advance for adherence to the approved items list.

Administration